



## radKIDS at a Glance...

**radKIDS** is the national leader in children's safety education. With headquarters located in South Dennis, Massachusetts, community based radKIDS programs are continually being offered throughout the United States and Canada. Curriculum topics include: Home, School and Vehicle Safety, Out and About Safety, Bullying, Realistic Defense Against Abduction, Good-Bad-Uncomfortable Touch and more.

"Kids need to learn to at least deal with (dangerous) situations and I feel like radKIDS is something that pushes that forward." --*Ed Smart on ABC's Good Morning America*

### Purpose

Since its inception in 1998, radKIDS, Inc. has been committed to providing education that enhances the ability of children and parents to utilize knowledge, skills, and power to protect themselves from violence and harm.

### National Network

Community-based organizations receive training and support from national headquarters to provide the radKIDS program as a part of their own youth work. These groups, which have safety goals compatible with those of radKIDS, include police departments, educational organizations, civic groups, fraternal organizations, citizens' groups and concerned parents.

### radKIDS: Making A Difference

radKIDS strengthens family, encourages physical fitness, and teaches core safety values to live by through its program. Fun, activity-based programs include lecture, safety drills, muscle memory exercises and dynamic simulation. radKIDS community based programs have been offered as after school programs, day camps, recreation programs, as well as through scouting and religious youth groups.

- **Over 150,000** children have been trained in the radKIDS personal Empowerment Safety education program.
- **3,000** community based instructors have been trained in over 44 states and in Canada.
- **Over 50** children threatened with abduction used their skills and returned safely to their families.
- **Thousands** of abused children spoke up and got the help they needed to stop the abuse.

Through radKIDS training, children become empowered and learn to replace the fear, confusion, and panic or dangerous situations with confidence, personal safety skills, and self-esteem.

### Programs

**Instructor Certification Program** - This insightful 30-hour instructor's program presenting the radKIDS Personal Empowerment Safety Education curriculum is taught in a relaxed environment over a three day period. Participants are provided with history and insight about the problem of violence against children and are given the necessary training and techniques to empower children to avoid, resist and if necessary escape violence and harm.

**The radKIDS Personal Empowerment Safety Education Program** is a 10-hour family centered safety education program that emphasizes essential decision-making skills as well as physical resistance options to escape violence. Children from pre K-6<sup>th</sup> grade (3½-5, 5-7, 8-12 years of age) participate in the program with their adult partners to create a true safety partnership.

**Preschool** – The radKIDS safety education program has recognized the viability and potential for success in providing appropriate safety education to preschool aged children. Activities will emphasize character development, citizenship training, and personal fitness.

**Peer Mentoring program-** Under the direction of the adult instructors, peer mentors range in age from 12-17 years of age. Certified peer mentors from 16-18 complete the instructor training program and then have the opportunity to become certified adult instructors after turning 18 year old. Designed to provide additional instructional aid to students, peer mentors develop a bond and a friendship to younger children while providing a positive role model. Peer mentors are good listeners, people who care, people who want to help younger people bring out strengths that are already there.

**College Program** - radKIDS has established a three-credit college course for college students who want to become radKIDS instructors. Since the program began, student instructors have been offering the radKIDS program to their college's community, at elementary schools, and local community centers.

**Parent Education and Resources** – radKIDS believes that effective safety education is greatly enhanced when a parent takes an active role in the education process. radKIDS classes are designed to encourage parent interaction through activity and exercise. The radKIDS Family Manual outlines all information and topics presented to children in radKIDS to provide parents the opportunity for additional conversation outside the classroom environment. Parent handouts are supplied covering a wide range of relevant safety issues. Resources and information are also available to parents via the radKIDS website.

## **Publications**

*The Kids Chronicle* is a bi-annual newsletter for instructors. Designed as a communication and information tool, its purpose is to provide cutting edge support and concepts to our national network of instructors.

## **Financial Support**

The National Headquarters is supported through income generated from instructor certification courses, re-certification fees paid by all instructors annually, equipment sales, foundation grants, fundraising events held throughout the year, and through special contributions.

On the local level, community based organizations that present the radKIDS program provide meeting places and often furnish program materials. Families often help to defer costs by paying registration fees to cover costs of instructional materials and supplies.